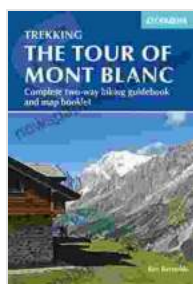
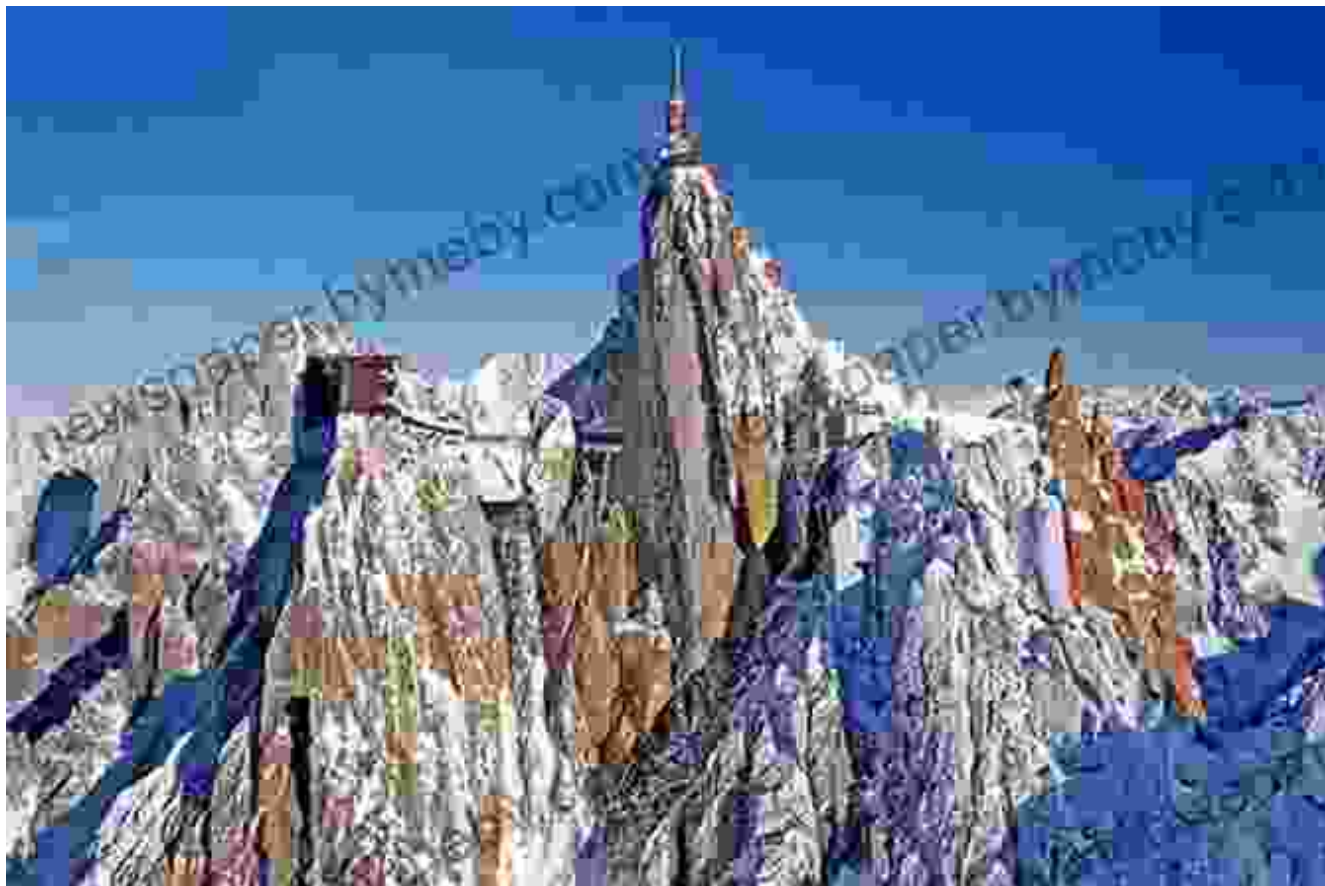


# Trekking the Tour of Mont Blanc: An Unforgettable Adventure



## Trekking the Tour of Mont Blanc: Complete two-way hiking guidebook and map booklet (Cicerone Trekking Guides) by Kev Reynolds

★★★★☆ 4.7 out of 5

Language : English  
File size : 65477 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 440 pages



Nestled in the heart of the Alps, the Tour of Mont Blanc is a legendary trekking route that offers an unforgettable adventure for hikers of all levels. Traversing three countries (France, Italy, and Switzerland), the Tour encircles the majestic Mont Blanc, the highest peak in the Alps, and takes you through some of the most breathtaking and challenging terrain in Europe.

This comprehensive guide will provide you with everything you need to know to plan and execute your own Tour of Mont Blanc trek. From detailed trail descriptions and elevation profiles to insider tips on accommodation and logistics, we've got you covered. Whether you're a seasoned hiker or a first-time trekker, this guide will help you make the most of your Tour of Mont Blanc experience.

## **Planning Your Trek**

The first step in planning your Tour of Mont Blanc trek is to decide on the time of year you want to go. The trek can be done in as little as 7 days, but most hikers prefer to take 10-14 days to complete the circuit. The best time to hike the Tour of Mont Blanc is during the summer months (June-September), when the weather is generally mild and the trails are snow-free.

Once you have decided on a time of year, you need to start planning your itinerary. The Tour of Mont Blanc can be hiked in either direction, but most hikers prefer to hike it clockwise, starting from Chamonix, France. This

direction gives you the advantage of ascending the steeper sections of the trail early on, when you're fresh and have more energy.



There are a number of different ways to book your Tour of Mont Blanc trek. You can book a guided trek through a tour operator, or you can hike independently. If you choose to hike independently, you will need to book your own accommodation and arrange your own transportation between trailheads.

No matter how you choose to book your trek, it is important to start planning early. The Tour of Mont Blanc is a popular trek, and accommodation and transportation can book up quickly, especially during the peak season.

## **Trail Description**

The Tour of Mont Blanc is a challenging but rewarding trek. The trail covers a total distance of approximately 170 kilometers (106 miles) and ascends a total of 10,000 meters (32,800 feet). The trail is well-marked and maintained, but there are some sections that are steep and rocky. You should be prepared for some long days of hiking, but the stunning scenery and the sense of accomplishment you will feel when you complete the trek will make it all worthwhile.

The Tour of Mont Blanc is divided into 10 stages. Each stage takes you through a different section of the Alps, and offers its own unique challenges and rewards.

### **Stage 1: Chamonix to Les Houches**

The first stage of the Tour of Mont Blanc is a relatively easy hike that takes you through the Chamonix Valley. The trail follows the Arve River and passes through the villages of Les Houches, Servoz, and Les Contamines-Montjoie. This stage is a good way to warm up for the more challenging stages to come.

### **Stage 2: Les Houches to Les Contamines-Montjoie**

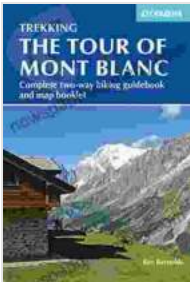
The second stage of the Tour of Mont Blanc is a bit more challenging than the first. The trail ascends gradually through the forest and then climbs steeply to the Col du Bonhomme (2,329 meters). From the Col du Bonhomme, you will descend to the village of Les Contamines-Montjoie.

### **Stage 3: Les Contamines-Montjoie to Courmayeur**

The third stage of the Tour of Mont Blanc is one of the most challenging. The trail climbs steeply to the Col de la Seigne (2,516 meters) and then descends to the village of Courmayeur, Italy. This stage offers stunning views of Mont Blanc and the surrounding Alps.

## Stage 4: Courmayeur to La Fouly

The fourth stage of the Tour of Mont Blanc is a bit easier than the third. The trail follows the Dora Baltea River and then climbs gradually to the Col de la Gran

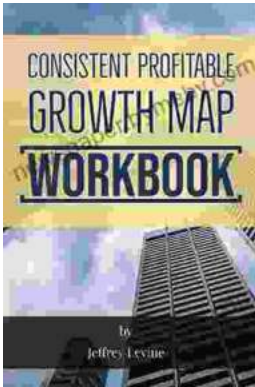


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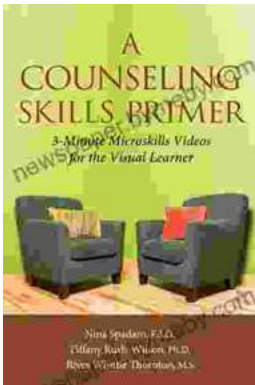
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