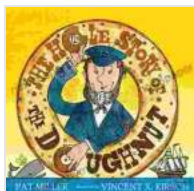


The Hole Story of the Doughnut

The doughnut is an American icon, a symbol of comfort and indulgence. But where did this beloved treat come from? And how did it become so popular?



The Hole Story of the Doughnut by Pat Miller

★ ★ ★ ★ ☆ 4.6 out of 5

Language : English

File size : 21701 KB

Lending : Enabled

Screen Reader : Supported

Print length : 40 pages



In *The Hole Story of the Doughnut*, author Stephen Yafa tells the fascinating story of one of the world's most beloved foods. Through archival research and interviews with historians, bakers, and doughnut enthusiasts, Yafa chronicles the doughnut's rise to fame, from its humble beginnings as a Dutch olykoek to its iconic status today.

Yafa begins his story in the early 19th century, when Dutch immigrants brought their olykoeks to the United States. These early doughnuts were simple affairs, made with flour, water, and yeast. But they quickly became popular, and soon bakers were experimenting with different recipes and shapes.

In the mid-19th century, the doughnut got its signature hole. One story claims that a Maine ship captain named Hanson Gregory accidentally

poked a hole in the center of his doughnut to prevent it from sticking to the pot. Another story attributes the invention of the hole to a Pennsylvania Dutch baker named Elizabeth Gregory. Whoever is responsible, the hole quickly became an essential part of the doughnut's design, allowing it to cook evenly and preventing it from becoming greasy.

By the turn of the 20th century, the doughnut had become a staple of American cuisine. It was sold in bakeries, grocery stores, and even street carts. Doughnut shops began to pop up all over the country, and the doughnut became a popular snack for both children and adults.

During World War II, the doughnut played an important role in boosting morale for American troops. Doughnut makers were sent to the front lines, and doughnuts were distributed to soldiers as a symbol of home and comfort. After the war, the doughnut continued to grow in popularity, and it remains one of the most beloved foods in America today.

The Hole Story of the Doughnut is a fascinating and informative look at the history of one of the world's most beloved foods. Yafa's engaging writing style and extensive research make this book a must-read for anyone who loves doughnuts or is interested in American food culture.

Praise for *The Hole Story of the Doughnut*

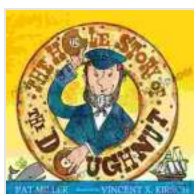
"A delicious and informative history of one of America's favorite treats." —
The New York Times

"Yafa's book is a fascinating and well-researched look at the history of the doughnut. It's a must-read for anyone who loves doughnuts or is interested in American food culture." — *The Washington Post*

"A delightful and informative read. Yafa's book is a must-have for any doughnut lover." — *The Wall Street Journal*

Free Download your copy of *The Hole Story of the Doughnut* today!

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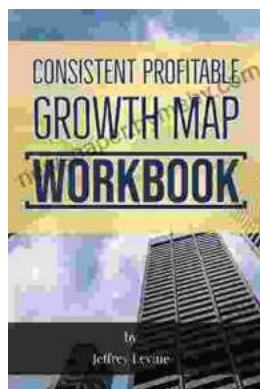
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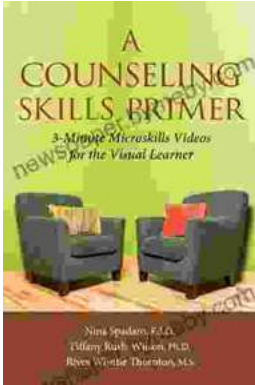
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