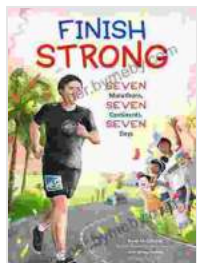


# Finish Strong: Seven Marathons, Seven Continents, Seven Days



## Finish Strong: Seven Marathons, Seven Continents, Seven Days by Patricia Hubbell

★★★★★ 5 out of 5

Language : English

File size : 17463 KB

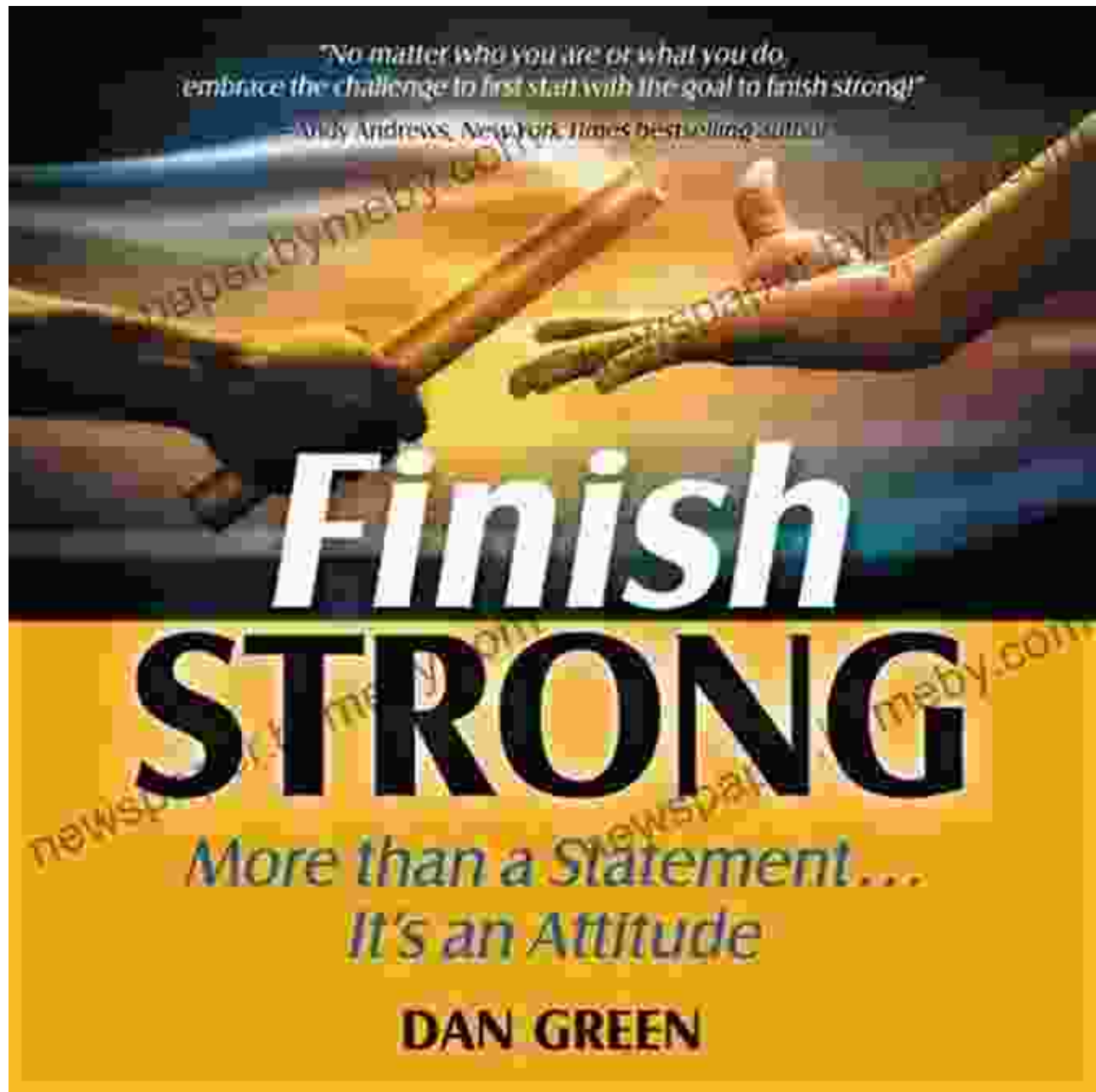
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Finish Strong is the inspiring story of Goggins's journey. It is a story of perseverance, determination, and the power of the human spirit. Goggins shares his insights on how to overcome adversity, set goals, and achieve your dreams. He also offers practical advice on how to train for and run a marathon.

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### **About the Author**

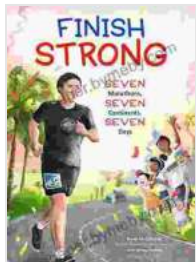
David Goggins is a retired Navy SEAL and ultramarathon runner. He has completed over 100 ultramarathons, including the Badwater 135, the world's most difficult footrace. Goggins is also the author of the bestselling book *Can't Hurt Me*.

### **Praise for Finish Strong**

"Finish Strong is an inspiring story of perseverance and determination. Goggins's journey is a reminder that anything is possible if you set your mind to it." - *Dean Karnazes, ultramarathon runner and author of Ultramarathon Man*

"Goggins is a true warrior. His story will inspire you to push yourself to the limit and to never give up on your dreams." - *Jocko Willink, retired Navy SEAL and author of Extreme Ownership*

"Finish Strong is a must-read for anyone who has ever dreamed of achieving something extraordinary." - *Lewis Howes, entrepreneur and author of The School of Greatness*



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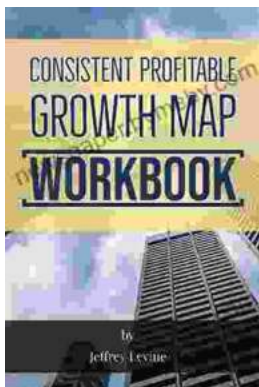
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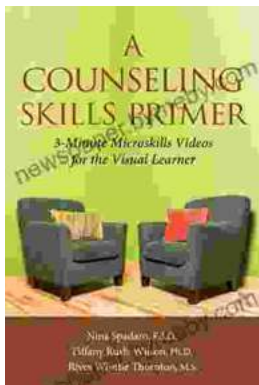
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