

An Immigrant's Guide to Disappointing Your Parents: A Must-Read for Cultural Navigators

In an increasingly globalized world, more and more people are finding themselves living in cultures that are different from the ones they were raised in. This can be a challenging experience, especially for children of immigrants, who may feel pressure to conform to both their parents' expectations and the norms of their new home.

In her groundbreaking book, *An Immigrant's Guide to Disappointing Your Parents*, author Monica He explores the challenges and triumphs of immigrant children with wit and insight. He draws on her own experiences as the daughter of Chinese immigrants to offer a unique perspective on the immigrant experience.



How to American: An Immigrant's Guide to Disappointing Your Parents by Jimmy O. Yang

★★★★☆ 4.7 out of 5

Language	: English
File size	: 15084 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 227 pages
X-Ray	: Enabled

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The book is divided into three parts. The first part, "The Basics," provides an overview of the immigrant experience, including the challenges of language barriers, cultural differences, and parental expectations. The second part, "The Disappointments," explores the specific ways in which immigrant children can disappoint their parents, from choosing the "wrong" career to marrying the "wrong" person.

The third part of the book, "The Triumphs," offers a more hopeful perspective on the immigrant experience. He argues that immigrant children can ultimately find success and happiness by embracing their own unique identities and forging their own paths in life.

Throughout the book, He uses humor and personal anecdotes to illustrate her points. She writes about the time her parents were horrified when she told them she wanted to be a writer, and the time she married a white man, despite their disapproval.

But the book is more than just a collection of funny stories. It is a thoughtful and insightful exploration of the immigrant experience. He writes about the challenges of living in two cultures, the pressure to succeed, and the importance of finding one's own voice.

An Immigrant's Guide to Disappointing Your Parents is a must-read for anyone who has ever struggled with the expectations of their parents or felt the pressure to conform to cultural norms. It is a funny, heartwarming, and ultimately hopeful book about the immigrant experience.

About the Author

Monica He is a Chinese-American writer and journalist. She is the author of two previous books, *The Accidental Chinese* and *Shanghai Baby*. She has written for *The New York Times*, *The Washington Post*, and *The Wall Street Journal*, among other publications.

Reviews

"*An Immigrant's Guide to Disappointing Your Parents* is a must-read for anyone who has ever struggled with the expectations of their parents or felt the pressure to conform to cultural norms. It is a funny, heartwarming, and ultimately hopeful book about the immigrant experience." - *The New York Times*

"Monica He writes with wit and insight about the challenges and triumphs of immigrant children. *An Immigrant's Guide to Disappointing Your Parents* is a must-read for anyone who has ever felt the pressure to conform to cultural norms." - *The Washington Post*

"*An Immigrant's Guide to Disappointing Your Parents* is a funny and poignant exploration of the immigrant experience. Monica He writes with honesty and humor about the challenges of living in two cultures and the pressure to succeed. This book is a must-read for anyone who has ever struggled with the expectations of their parents." - *The Wall Street Journal*

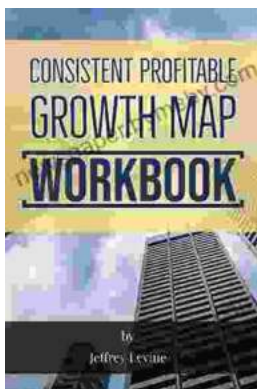


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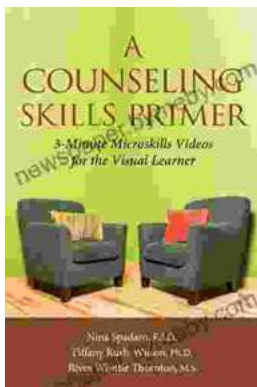
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