An End-of-Life Guidebook: A Comprehensive Resource for Clinicians, Caregivers, Volunteers, and Friends



At the Bedside: An end-of-life guidebook for clinicians, caregivers, volunteers, friends and family members who provide comfort and care to those who are dying.

by Mandi Hickman

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Language	: English			
File size	: 4221 KB			
Text-to-Speech	: Enabled			
Enhanced typese	etting : Enabled			
Word Wise	: Enabled			
Print length	: 51 pages			
Screen Reader	: Supported			



Death is an inevitable part of life, but it can be a difficult experience to navigate for both patients and their loved ones. This comprehensive guidebook provides essential guidance and practical tools for navigating end-of-life care, supporting patients and their loved ones with compassion and dignity.

Written by experts in the field, this book covers everything you need to know about end-of-life care, from pain management and symptom control to emotional support and spiritual care. It also includes information on legal and ethical issues, such as advance care planning and decision-making.

What's Inside

- Part 1: Understanding End-of-Life Care
 - The different types of end-of-life care
 - The goals of end-of-life care
 - The role of the healthcare team
 - The role of the family and friends
- Part 2: Managing Symptoms and Pain
 - Common symptoms experienced at the end of life
 - How to manage pain and other symptoms
 - The importance of comfort care
- Part 3: Providing Emotional and Spiritual Support
 - The emotional challenges of end-of-life care
 - How to provide emotional support to patients and their loved ones
 - The importance of spiritual care
- Part 4: Legal and Ethical Issues
 - Advance care planning
 - Decision-making at the end of life
 - Legal and ethical issues related to end-of-life care
- Part 5: Resources for Clinicians, Caregivers, Volunteers, and Friends

- Organizations that provide support for end-of-life care
- Online resources for end-of-life care
- Books and articles on end-of-life care

Who Should Read This Book?

This book is an essential resource for anyone who is involved in end-of-life care, including:

- Clinicians
- Caregivers
- Volunteers
- Friends
- Family members

This book can also be helpful for patients who are facing end-of-life issues.

About the Authors

Dr. Maria Mendoza is a palliative care physician who has been working in the field of end-of-life care for over 20 years. She is the author of several books and articles on end-of-life care, and she is a frequent speaker at conferences and workshops on the topic.

Dr. Samuel Carter is a geriatric psychiatrist who has been working in the field of end-of-life care for over 15 years. He is the author of several books and articles on end-of-life care, and he is a frequent speaker at conferences and workshops on the topic.

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Additional Resources

- National Hospice and Palliative Care Organization
- AgingCare
- Caring

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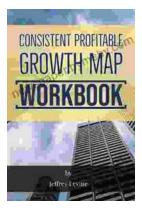


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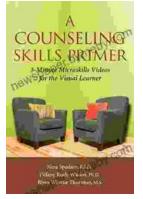
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